

2.00 Introduction to picking techniques

2.10 How to hold the pick

2.11 Different Possible Picking Angles

2.20 Scalpel Picking technique

2.21 Sarod Picking Technique



Move
Thumb
Joint



Angle
the
Pick

2.30 Picking Exercises on One string

2.31 - Picking with ALL DOWNSTROKES

2.32 - Picking with ALL UPSTROKES

2.33 - Alternating both DOWN AND UPSTROKES

2.34 - 1/2/3/4/5/6/7/8/9/10 notes per 1 beat

2.35 - 1/2/3/4/5/6/7/8/9/10 notes per 2 beats

2.36 - 1/2/3/4/5/6/7/8/9/10 notes per 3 beats

2.40 Alternate picking on adjacent strings:

2.41 - Picking with ALL DOWNSTROKES

2.42 - Picking with ALL UPSTROKES

2.43 - Alternating both DOWN AND UPSTROKES

2.44 - One note per string

2.45 - Two notes per string

2.46 - Three notes per string

2.47 - Four notes per string

2.48 - Five notes per string

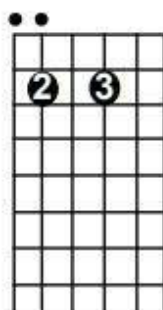
2.49 - Six notes per string

2.50 - Seven notes per string

2.51 - Eight notes per string

2.52 - Nine notes per string

2.53 - Ten notes per string



3.00 Alternate picking on Non-adjacent strings

3.01 - ALL DOWNSTROKES

3.02 - ALL UPSTROKES

3.03 - DOWN AND UPSTROKES

3.04 - One note per string

3.05 - Two notes per string

3.06 - Three notes per string

3.07 - Four notes per string

3.08 - Five notes per string

3.09 - Six notes per string

3.10 - Seven notes per string

3.11 - Eight notes per string

3.12 - Nine notes per string

3.13 - Ten notes per string



3.30 P.I.M.A. Permutations:

3.31 P - I - M

3.32 P - M - I

3.33 P - M - I - P - M

3.34 P - I - A

3.35 P - A - I

3.36 P - A - I - P - A

3.37 P - M - A

3.38 P - A - M

3.39 P - A - M - P - A

3.40 P - I - M - A

3.41 P - I - A - M

3.42 P - M - I - A

3.43 P - M - A - I

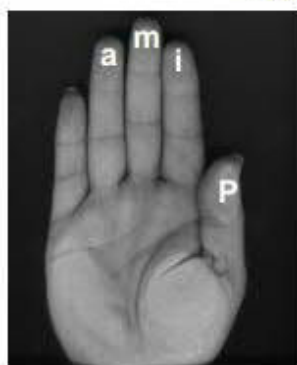
3.44 P - A - I - M

3.45 P - A - M - I

3.46 P - I - M - A - M - I

3.47 P - I - M - A - M - I - M - I

3.48 (P A) - M - I - P - A - P



3.50

3.60

Jazz & Hybrid style picking (P-2-3-4)

P-2-3-4 Hybrid patterns and permutations

3.61 Pick - 2

3.62 Pick - 3

3.63 Pick - 2 - 3

3.64 Pick - 3 - 2

3.65 Pick - 3 - 2 - Pick - 3

3.66 Pick - 2 - 4

3.67 Pick - 4 - 2

3.68 Pick - 4 - 2 - Pick - 4

3.69 Pick - 3 - 4

3.70 Pick - 4 - 3

3.71 Pick - 4 - 3 - Pick - 4

3.72 Pick - 2 - 3 - 4

3.73 Pick - 2 - 4 - 3

3.74 Pick - 3 - 2 - 4

3.75 Pick - 3 - 4 - 2

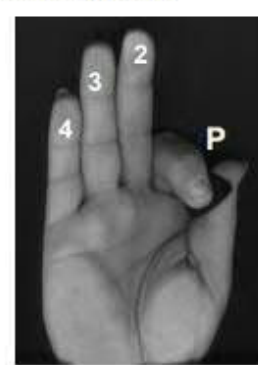
3.76 Pick - 4 - 2 - 3

3.77 Pick - 4 - 3 - 2

3.78 Pick - 2 - 3 - 4 - 3 - 2

3.79 Pick - 2 - 3 - 4 - 3 - 2 - 3 - 2

3.80 Pick - 4 - 3 - 2 - Pick - 4 - Pick



4.00 Picking techniques using both downstrokes and upstrokes adding 2-3-4 fingers:

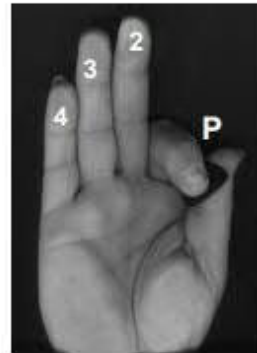
- 4.01 P(d)-2 P(d)-2 P(d)-2
4.02 P(d)-3 P(d)-3 P(d)-3
4.03 P(d)-2-3 P(d)-2-3 P(d)-2-3
4.04 P(d)-3-2 P(d)-3-2 P(d)-3-2

4.05 P(d)-P(up)-2 P(d)-P(up)-2 P(d)-P(up)-2
4.06 P(d)-P(up)-3 P(d)-P(up)-3 P(d)-P(up)-3
4.07 P(d)-P(up)-2-3 P(d)-P(up)-2-3 P(d)-P(up)-2-3
4.08 P(d)-P(up)-3-2 P(d)-P(up)-3-2 P(d)-P(up)-3-2

4.09 P(d)-4 P(d)-4 P(d)-4
4.10 P(d)-3-2-P(d)-3 P(d)-3-2-P(d)-3
4.11 P(d)-2-4 P(d)-2-4
4.12 P(d)-4-2 P(d)-4-2
4.13 P(d)-4-2-P(d)-4 P(d)-4-2-P(d)-4
4.14 P(d)-3-4 P(d)-3-4
4.15 P(d)-4-3 P(d)-4-3
4.16 P(d)-4-3-P(d)-4 P(d)-4-3-P(d)-4

4.17 P(d)-P(up)-4 P(d)-P(up)-4 P(d)-P(up)-4
4.18 P(d)-P(up)-3-2 P(d)-P(up)-3-2
4.19 P(d)-P(up)-2-4 P(d)-P(up)-2-4
4.20 P(d)-P(up)-4-2 P(d)-P(up)-4-2
4.21 P(d)-P(up)-4-2-P(d)-P(up)-4
4.22 P(d)-P(up)-3-4 P(d)-P(up)-3-4
4.23 P(d)-P(up)-4-3 P(d)-P(up)-4-3
4.24 P(d)-P(up)-4-3-P(d)-P(up)-4

4.25 P(d)-2-3-4 P(d)-2-3-4
4.26 P(d)-2-4-3 P(d)-2-4-3
4.27 P(d)-3-2-4 P(d)-3-2-4
4.28 P(d)-3-4-2 P(d)-3-4-2
4.29 P(d)-4-3-2 P(d)-4-3-2
4.30 P(d)-4-2-3 P(d)-4-2-3
4.31 P(d)-4-3-2-P(d)-4-P(d)



- 4.32 P(d)-P(up)-2-3-4 P(d)-P(up)-2-3-4
- 4.33 P(d)-P(up)-2-4-3 P(d)-P(up)-2-4-3
- 4.34 P(d)-P(up)-3-2-4 P(d)-P(up)-3-2-4
- 4.35 P(d)-P(up)-3-4-2 P(d)-P(up)-3-4-2
- 4.36 P(d)-P(up)-4-3-2 P(d)-P(up)-4-3-2
- 4.37 P(d)-P(up)-4-2-3 P(d)-P(up)-4-2-3
- 4.38 P(d)-4-3-2-P(d)-P(up)-4-P(d)



- 4.39 P(d)-P(up)-P(d)-2
- 4.40 P(d)-P(up)-P(d)-3
- 4.41 P(d)-P(up)-P(d)-2-3
- 4.42 P(d)-P(up)-P(d)-3-2

- 4.43 P(d)-P(up)-P(d)-4
- 4.44 P(d)-P(up)-P(d)-3-2
- 4.45 P(d)-P(up)-P(d)-2-4
- 4.46 P(d)-P(up)-P(d)-4-2
- 4.47 P(d)-P(up)-P(d)-4
- 4.48 P(d)-P(up)-P(d)-3-4
- 4.49 P(d)-P(up)-P(d)-4-3
- 4.50 P(d)-P(up)-P(d)-4-3-P(d)-4

- 4.51 P(d)-P(up)-P(d)-2-3-4
- 4.52 P(d)-P(up)-P(d)-2-4-3
- 4.53 P(d)-P(up)-P(d)-3-2-4
- 4.54 P(d)-P(up)-P(d)-3-4-2
- 4.55 P(d)-P(up)-P(d)-4-3-2
- 4.56 P(d)-P(up)-P(d)-4-2-3

4.60 Introduction to Sarod and Indian/Middle Eastern picking techniques

- 4.61 Sarod Picking Technique
- 4.62 Sarod Strumming Techniques

4.63 Advanced Picking Techniques:

- 4.64 Muting Techniques
- 4.65 Sitar Muting Techniques
- 4.66 Palm Harmonics
- 4.67 The Squeal (Pick harmonics)
- 4.68 Lenny Breau Harmonic Technique
- 4.69 Chicken' Picken' Technique

- 4.70 Directional Picking (Also called "speed", "economy" or "sweep" picking)
- 4.71 Directional Rake techniques/Note Stinging
- 4.72 Eric Johnson Japanese Koto technique
- 4.73 Hanon 5-finger right hand 60 studies
- 4.74 John McLaughlin pull-off strumming technique
- 4.75 Wes Montgomery Jazz Thumb Techniques
- 4.76 Howard Roberts Transverse picking exercises

- 4.77 List of P.I.M.A. Patterns/Permutations/Combinations
- 4.78 Mauro Giuliani 120 Right Hand Studies
- 4.79 Hybrid Extrapolations of Mauro Giuliani 120 exercises